

# FOOD ASSISTANCE RESOURCES

2008

Name & Location	Phone Number	Days/Hours	Services Provided
<b>MEAL SITES</b>			
<b>First Lutheran Church Saturday Evening Meal Program</b> 1000 3 <sup>rd</sup> Avenue SE Cedar Rapids, IA 52403	365-1494	Assistance available on Saturday from 4:30 PM to 5:30 PM (Evening Meal).	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service.
<b>First Presbyterian Church Sunday Evening Meal</b> 310 5 <sup>th</sup> Street SE Cedar Rapids, IA 52401	364-6148	Assistance available on Sunday from 4:30 PM to 5:30 PM (Evening Meal).	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service.
<b>Green Square Meals*</b> 400 4 <sup>th</sup> Avenue SE Cedar Rapids, IA 52401 * Green Square Meals will be moving in 2008.	365-6652	Assistance available Monday through Friday from 4:30 PM to 5:30 PM (Evening Meal).	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service.
<b>H. D. Youth Center</b> 1006 3 <sup>rd</sup> Street SE Cedar Rapids, IA 52403	363-5239 or 329-8841	Assistance available Monday through Friday from 6:00 AM to 7:30 AM (Breakfast) and from 2:30 PM to 7:30 PM for children.	Warm, nutritious meal. Seconds as available. No qualifications for service. Children receive snacks and sandwiches during the afternoon hours.
<b>Heritage Area Agency on Aging</b> 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	398-5559	Assistance available Monday through Friday from 8:00 AM to 5:00 PM (Noon Meal). Certain sites also provide breakfast.	Call for listing of senior dining sites in Benton, Cedar, Iowa, Johnson, Jones, Linn, & Washington Counties.
<b>House of Prayer</b> 406 12 <sup>th</sup> Street SE Cedar Rapids, IA 52403  Mailing Address: First Assembly of God 3233 Blairs Ferry Road NE Cedar Rapids, IA 52402	362-5962	Assistance available:  Free lunch available Monday through Friday from 11:30 AM to 12:45 PM.  Donuts and coffee available from 10:00 AM to 11:30 AM.	Warm, nutritious meal. Seconds and bread when available. No limitations or qualifications for service. Personal hygiene items available. Clothing may be available.

For more information regarding community resources, contact the United Way 2-1-1 Call Center at 2-1-1, 319-739-4211, or 1-866-469-2211.  
 To obtain a copy of the Resource Charts, go to [www.linncounty.org](http://www.linncounty.org) and search "Resource Charts" or contact Linn County Community Services at 892-5600.  
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<b>Neighborhood Meal &amp; Enrichment Program</b> <ul style="list-style-type: none"> <li>▪ St. Paul's United Methodist Church 1340 3<sup>rd</sup> Avenue SE Cedar Rapids, IA 52403</li> <li>▪ Central Park Presbyterian Church 1700 B Avenue NE Cedar Rapids, IA 52402</li> </ul>	<p style="text-align: center;">363-2058</p> <p style="text-align: center;">365-6994</p>	Assistance available Monday through Friday from 11:30 PM to 1:00 PM only in the summer months (June – August) when school is not in regular session (Noon Meal).	Warm, nutritious meal. Seconds as available. No limitations or qualifications for service. Service is especially for children, families and others in need.
<b>The Salvation Army Meal Program</b> 1000 C Avenue NW Cedar Rapids, IA 52405	364-9131	Assistance available (meals served) Monday through Friday from 8:00 AM to 9:00 AM (Breakfast) and 12:00 PM to 1:00 PM (Noon Meal), except for major holidays.	Warm, nutritious meal. No limitations or qualifications for service.
<b>OTHER FOOD ASSISTANCE</b>			
<b>Abundance of Love Food Pantry</b> Christian Missionary Alliance Church 1622 42 <sup>nd</sup> Street NE Cedar Rapids, IA 52402	393-4606	Assistance available Friday from 10:00 AM to 12:00 (noon) and the third Saturday of the month from 10:00 AM to 12:00 (noon).	Two to three day supply of non-perishable food. Pantry may be used once a month. Must present picture identification, address, and phone number. Must meet income guidelines for commodities.
<b>Aid to Women</b> 701 Center Point Road NE Cedar Rapids, IA 52402	364-8967	Assistance available Monday and Thursday from 10:00 AM to 7:00 PM; Tuesday, Wednesday and Friday from 10:00 AM to 5:00 PM.	Ten food-items per week. Must attend classes to access food pantry. Can be accessed once a week if attending classes.
<b>Angel Food Ministries (Sites):</b> Father's House Vineyard Church 5101 16 <sup>th</sup> Avenue SW Cedar Rapids, IA 52404  First Assembly of God 3233 Blairs Ferry Road NE Cedar Rapids, IA 52402  First Church of the Open Bible 1911 E Avenue NW Cedar Rapids, IA 52405	<p style="text-align: center;">361-1351</p> <p style="text-align: center;">393-6353, or 270-9600</p> <p style="text-align: center;">363-3117</p>	Assistance available: Call for details.	Angel Food Ministries provides grocery relief and financial support to communities throughout the United States. Angel Food Ministries conducts food sales that allow people from the community to purchase high quality groceries at reduced prices. Everyone is eligible. EBT, cash, checks and money order accepted in person. All mail in orders must include a self-addressed, stamped envelope and must be received by the order cutoff date. Only checks and money orders can be mailed. No cash or EBT by mail. Food must be paid for when ordered. Distribution and selling times vary between organizations. Food must be picked up. There is no delivery or on-site storage. No refunds, rain checks or exceptions.

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Hope Lutheran 2736 Bowling Street SW Cedar Rapids, IA 52404	365-3105		
New Creation United Methodist Church 3715 33 <sup>rd</sup> Avenue SW Cedar Rapids, IA 52404	396-4366		
Prairie Drive Full Gospel Church 3336 Prairie Drive NE Cedar Rapids, IA 52402	651-0534		
St. Stephen's Lutheran Church 610 31 <sup>st</sup> Street SE Cedar Rapids, IA 52403	362-5270		
First Baptist – Marion 1260 29 <sup>th</sup> Street Marion, IA 52302	377-3275		
Living Water United Methodist Church 1155 Grand Avenue Marion, IA 52302	447-1012		
Center Point United Methodist 823 Summit Street Center Point, IA 52213	849-2518		
CCEAFM 216 Commercial Central City, IA 52214	438-1115		
St. Paul Lutheran Church 600 5 <sup>th</sup> Avenue SW Mt. Vernon, IA 52314	895-8772		

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<b>Churches of Marion Pantry</b> 864 12 <sup>th</sup> Street Marion, IA 52302	377-7309	Assistance available Tuesday and Thursday from 1:00 PM to 3:00 PM.	A one-week supply of food per family. Assortment of canned fruits and vegetables, macaroni and cheese, cereal, tomato juice, dry milk, etc. Can be accessed once per month or once per week, as determined. Persons who receive food stamps are not eligible for food and paper supplies except in emergency situations.
<b>Department of Human Services</b> 411 3 <sup>rd</sup> Street SE Cedar Rapids, IA 52401	892-6800 or 892-6700	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Food assistance program offered. Must meet eligibility guidelines.
<b>Family and Community Health Alliance</b> HACAP P.O. Box 490 1515 Hawkeye Drive Hiawatha, IA 52233	393-7811	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	WIC program, for pregnant and postpartum women and children under the age of 5, is accessible through Family and Community Health Alliance. Provides nutritious food, nutrition education and referrals.
<b>Foundation 2 Crisis Center</b> 1540 2 <sup>nd</sup> Avenue SE Cedar Rapids, IA 52403	362-2174	Assistance available Tuesday through Friday from 6:00 PM to 8:00 PM; Monday from 4:00 PM to 6:00 PM; Saturday and Sunday from 1:00 PM to 3:00 PM.	Food for 1-2 days, depending on quantity available and family size. Based on emergency need. Please call ahead.
<b>Harambee House</b> 404 17 <sup>th</sup> Street SE Cedar Rapids, IA 52403	366-1408	Assistance available: Bread on Wednesday beginning at 9:00 AM until it's gone.	Bread and bakery goods only, limit of 4 items per family. May access once a week.
<b>Heritage Area Agency on Aging</b> 6301 Kirkwood Blvd SW Cedar Rapids, IA 52404	398-5559	Assistance available (home delivered noon meal for seniors) Monday through Friday from 8:00 AM to 5:00 PM.	Call for home delivered meal assistance in Benton, Cedar, Iowa, Johnson, Jones, Linn & Washington Counties. In Linn County, contact Horizons, a Family Service Alliance or Witwer Senior Center.
<b>Horizons – A Family Service Alliance</b> <b>Meals on Wheels Program</b> 819 5 <sup>th</sup> Street SE Cedar Rapids, IA 52401	398-3574 or 1-800-826-3574	Assistance available Monday through Friday from 8:00 to 5:00	A hot noon meal is delivered to clients who are 60 years of age and older, homebound and unable to prepare a meal by themselves. Other meal options (i.e.: breakfast bag, liquid resources, etc.) are available to those enrolled in the program. Voluntary donations accepted.
<b>Lifeline Ministries</b> 800 G Avenue NW Cedar Rapids, IA 52405	366-1787	Assistance available: Call for appointment.	Amount of food depends on supply available. Can be accessed once per month or three times per year per family. Must have an emergency food need. Food distributed on Wednesday from 7:00 PM to 7:30 PM. Must bring picture ID.

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<b>Linn Community Food Bank</b> First Presbyterian Church 310 5 <sup>th</sup> Street SE Cedar Rapids, IA 52401	366-1408	Assistance available: Screening performed on Monday through Friday from 8:00 AM to 12:00 PM at the Harambee House. Food distribution on Monday through Friday from 2:00 PM to 3:30 PM.	Three-day supply of packaged and non-perishable items. Can be used 4 times per year. Must be screened by Harambee House, 404 17 <sup>th</sup> Street SE, Cedar Rapids, IA.
<b>Linn County Veteran Affairs</b> 825 3 <sup>rd</sup> Street SW Cedar Rapids, IA 52404	892-5160	Assistance available Monday through Friday from 8:00 AM to 4:00 PM.	Provides temporary emergency assistance for food and non-food items for Veterans who served a minimum of 90 days service time and received an honorable discharge.
<b>Loaves and Fishes</b> 1251 3 <sup>rd</sup> Avenue SE Cedar Rapids, IA 52403	363-2029	Assistance available only Tuesdays from 3:30 PM to 5:00 PM.	Up to eight food items of choice. Breads/pastries as available. May access one time per week. No qualifications, just a need for food.
<b>Mission of Hope</b> 1537 1 <sup>st</sup> Avenue SE Cedar Rapids, IA 52403	362-5559	Assistance available Tuesday through Thursday from 9:00 AM to 4:00 PM; Friday from 3:00 PM to 9:00 PM.	Food depends on quantity available.
<b>New Life Pentecostal Church</b> 726 L Avenue NW Cedar Rapids, IA 52405	366-5372 or 365-1274	Assistance available: Call to confirm available services and times, or drop-in Thursdays from 11:00 AM to 1:00 PM. Pantry closed January through March.	Food bank where folks may receive a couple days worth of food – contact to access. A hot meal is provided every Thursday from 11:00 AM to 1:00 PM, plus a bag of groceries.
<b>Northeast Linn Food Pantry</b> Falcon Center 137 North 4 <sup>th</sup> Street Central City, IA 52214	438-6691	Assistance available Monday through Friday from 8:00 AM to 1:30 PM.	Five day supply of packaged and non-perishable food depending upon family size and food available. Can be accessed once per month. Limited to residents in the North Linn, Central City, Center Point, Springville, & Alburnett School Districts, with a need for food.
<b>Olivet Neighborhood Mission</b> 230 10 <sup>th</sup> Street NW Cedar Rapids, IA 52405	364-7946	Assistance available Monday through Friday from 8:30 AM to 11:30 AM.	Canned food and cereal as available. Can be accessed once a month as needed. Identification required. Must be under extreme circumstances.
<b>River of Life</b> 3801 Blairs Ferry Rd NE Cedar Rapids, IA 52402	393-3709	Assistance available Wednesday from 8:00 AM to 12:00 (noon).	Three-day supply of food. Can be accessed once a month. Picture identification required. Must meet income guidelines for commodities.

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<b>St. John of the Cross - Catholic Worker House</b> 1027 5 <sup>th</sup> Avenue SE Cedar Rapids, IA 52403	362-9041	Assistance available: Register for Food Basket on Monday, Wednesday and Friday from 8:00 AM to 11:00 AM. Pick-up the same day between 3:30 PM and 5:00 PM. Bread/rolls on Monday through Friday from 3:30 PM to 5:00 PM., if available.	Food Basket contains about \$30- \$35 of food. Bread/rolls depends on quantity available that day. Food Basket can be accessed once a month – no more than four times per year. Bread can be accessed daily depending upon quantity. Food basket qualifications: Must have need and present photo ID and proof of address. Bread/rolls qualifications: No ID required.
<b>St. Vincent de Paul</b> 928 7 <sup>th</sup> Street SE Cedar Rapids, IA 52403	365-5091	Assistance available Monday through Saturday from 9:00 AM to 3:00 PM.	Food depends on quantity available. Must complete application with name, address, social security number, income and provide identification. May access only once every 3 months.
<b>Share Iowa</b> Cedar Rapids & Marion, Iowa	Cedar Rapids: 366-1408 or 364-7946 Marion: 895-6441	Assistance available: Call for information Monday through Friday.	Distributes food once per month. Call for information on sign up dates and local sites. Fees charged. Required volunteer hours.
<b>Southeast Linn Community Center</b> 108 South Washington Lisbon, IA 52253	455-2844	Assistance available Monday through Friday from 8:00 AM to 3:00 PM, or by appointment.	One to two-day supply of food, including bread. Food can be accessed once per week. Must meet income guidelines for commodities.
<b>SANSI</b> Springville Community Center 265 Broadway Street Springville, IA 52336	854-6100	Assistance available Monday through Friday from 8:00 AM to 1:00 PM.	Seven day supply of non-perishable foods. Can be accessed once per week. Limited to residents in the Springville Community School District, with a need for food.
<b>The Salvation Army Food Pantry</b> 1000 C Avenue NW Cedar Rapids, IA 52405	364-9131	Assistance available: By appointment Monday through Friday from 8:30 AM to 12:00 PM or 1:00 PM to 4:30 PM.	Approximately two-week supply of food. Bread, depending on quantity available. Food pantry may be used four times per year, but not more than one time per quarter. Must have an emergency need for food. Must present income and expenses, picture identification and social security card for all household members.

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